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CURRICULUM VITAE

Zohreh Ghorashi

Identification:

First Name: Zohreh

Family Name: Ghorashi

Gender: Female

Date of Birth: January 12th, 1970

Place of Birth: Tehran-IRAN

Nationality: Iranian

Marital Status: married

Contact Info:

Address: school of Nursing midwifery. Parastar Street. Rafsanjan, Iran

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Academic Records:

- PhD in reproductive health, Isfahan University of medical sciences, Isfahan, IRAn. 2009-2013. Total GPA: 18.70. Excellent degree in thesis
- MS in midwifery education, Iran University, Tehran, IRAN, 1996-1999. Total GPA: 16.53 Very good degree in thesis
- BS in midwifery, Shahid Sadooghi University of medical sciences, Yazd-IRAN, 1987-1992. Total GPA: 15.33

Master thesis: “Comparative study of life style, personality type, BMI and marital and reproductive status in students suffering and not suffering from primary dysmenorrheal.”

PhD thesis: “Exploring concept and inventory development for sexual behaviors assessment in reproductive age married women. Exploratory method.”

Experience:

- 1993-Present
- Working as midwifery instructor in yazd shahid Sadooghi University of medical sciences, nursing midwifery faculty, midwifery department. Yazd. IRAN. 1993- 1995.
- Working as midwife in labor room. Nik nafs maternal hospital. Rafsanjan. IRAN. 1995 -1999.
- Working as assistant professor, midwifery department, Rafsanjan University of medical sciences. 1999- Present.
- Teaching family planning courses in Vali-e-Asr University of Rafsanjan. 1999-2006.
- Collaborating with journal of sexuality& culture, American journal of sexuality education, journal of Rafsanjan University of medical sciences, Iranian journal of nursing midwifery research and Education and health promotion journal as peer reviewer.
- Managing of student research committee of Rafsanjan nursing midwifery faculty. Rafsanjan. IRAN 2003-2006.
- Head of midwifery department in school of nursing midwifery of Rafsanjan university of medical sciences. February 2015- present.
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Publications:

- Ghorashi Z, Taleghani F, Shafiei M. Failure and side effects of contraceptive pills used for postponement of menstrual bleeding in Hajj pilgrims of Kerman, 2000. Journal of Shahid Sadoughi University of Medical Sciences And Health Services 2005;12(4): 70-65.(farsi)
- Ghorashi Z, Esmaeil Zadeh Sh. The comparison risks of normal vaginal delivery and cesarean section in women with a positive history of cesarean section. Scientific Journal of Kurdistan University of Medical Sciences 2004;8(31): 40-32.(farsi)
- Z. Ghorashi, M. Lori Pour, A.R. Sayadi. The necessity of vein catheter use during normal labour. journal of Mazandaran University of Medical Sciences 2006;16(55): 100-106.(farsi)
- Marziyeh Lloripour, zohreh Ghorashi, Ahmad reza Sayyadi. View points of students and faculty members about teaching psychosexual issues at university. Iranian Journal of Medical Education 2010;9(4): 398-400.(farsi)
- Ghorashi Z, Kazemi M, Sayyadi A.R, Nikbakht Nasrabadi A. Experience of Motorcycle Accident Victims: a Qualitative Study. J Rafsanjan Univ Med Scie 2012; 11(2): 115-27. [Farsi]

- Ghorashi Z. comparative study of some factors affecting primary dysmenorrhea in students of Tehran universities of medical sciences. 1998. Journal of Rafsanjan faculty of nursing and midwifery and paramedical. Spring 2007, vol.1, No.3. (farsi).
- Hassanshahi G, Jafarzadeh A, Ghorashi Z, Zia Sheikholeslami N, Dickson AJ. Expression of IP-10 chemokine is regulated by pro-inflammatory cytokines in cultured hepatocytes. Iran J Allergy Asthma Immunol. 2007 Sep;6(3):115-21.
- GH. Hassanshahi, MR. Hajizadeh, N. Zia Sheikholeslam, A. Jafarzadeh, MR. Mirzaii, A. Sadeghi, Z. Ghoreishi, A. Gashiri Esfahani. Gene cloning and expression analysis of Gro/KC by primary hepatocytes. Journal of Mazandaran University of Medical Sciences 2007;17(57): 32- 41 . [Farsi]
- Fariba Aminzadeh, Zohreh Ghorashi, Saeedeh Nabati, Mohsen Ghasemshirazi, Mohammad Kazemi Arababadi, Ali Shamsizadeh, Mojgan Noroozi Karimabad, Hossein Khorramdelazad, Shokoofeh Darakhshan, Gholamhossein Hassanshahi.
Differential expression of CXC chemokines CXCL10 and CXCL12 in term and pre-term neonates and their mothers. Am. J. Reprod. Immunol. 2012 Oct 28;68(4):338-44. Epub 2012 Jun 28.
- Effat Merghati-Khoei, Zohreh Ghorashi, Alireza Yousefi, Tom G. Smith. How do Iranian women from Rafsanjan conceptualize their sexual behaviors?
Sexuality & culture. December 2013.
- Ghorashi. Zohreh. Merghati-khoei. Effat, yousefi. Alireza, Measuring Iranian Women's Sexual Behaviors: Expert Opinion. Journal of education and health promotion. 2014.3(80).
- Z Ghorashi, A Yousefy, E Merghati-koei. Developing and Validating a Questionnaire to Measure Women's Sexual Behaviors: A Psychometric Process. Galen Medical Journal 5 (4), 208-214
- W Dandehbor, M Kazemi, MH Salehi Shahrababaki, Z Ghorashi. Menstrual suppression using oral contraceptives by female Hajj pilgrims. International Journal of Travel Medicine and Global Health. 2016. 4 (4), 111-114
- Z Ghorashi. Sexually transmitted infections in Iran: A literature review. JOHE. 2015.4(4).
- Majid Davari, Mohammadreza Maracy, Zohreh Ghorashi, Mitra Mokhtari, The relationship between socioeconomic status and the prevalence of elective cesarean section in nulliparous women in Niknafs teaching Centre in Rafsanjan, Iran. Women's Health Bulletin. 2014. 1 (2), 1-5

- Z Ghorashi, V Ashori, F Aminzadeh, M Mokhtari. The effects of oral fluid intake an hour before cesarean section on regurgitation incidence. Iranian journal of nursing and midwifery research. 2014. 19 (4), 439
- Z Ghorashi, E Merghati Khoei. Exploring the reducing satisfactory response in married women of reproductive age: Qualitative study. Iranian Journal of Psychiatry and Clinical Psychology. 2017. 22 (4), 300-307
- Z Ghorashi, M Najafi, EM Khoei. Religious teachings and sexuality of women living in Rafsanjan: A qualiattive inquiry. International Journal of Reproductive BioMedicine. 2017. 15 (12), 771
- SM Lotfipur-Rafsanjani, A Ravari, Z Ghorashi, S Haji-Maghsoudi. Effects of geranium aromatherapy massage on premenstrual syndrome: A clinical trial. International Journal of Preventive Medicine. 2018. 9
- F Nikirashidi, Z Ghorashi, S Esmailzadeh, Z Asadollahi. A study on association of premarital attitude toward intact hymen in new grooms: A cross-sectional study. Journal of education and health promotion. 2019. 8
- Z Ghorashi. Teenage Sexting and Sexual Behaviors in an Iranian Setting. Sexuality & Culture. 2019. 23 (4), 1274-1282
- Z Ghorashi, M Loripoor, SM Lotfipur-Rafsanjani. Mobile access and sexting prevalence in high school students in Rafsanjan City, Iran in 2015. Iranian Journal of Psychiatry and Clinical Psychology. 2019. 24 (4), 416-425
- F Nikirashidi, Z Ghorashi, S Esmailzadeh. Sexual practice during aghd period in young couples referred to Kerman marriage counselling center in 2017. JOURNAL OF URMIA NURSING AND MIDWIFERY FACULTY. 2020. 18 (1126), 30-37
- Z Akbarinejad, K Alidoosti, Z Ghorashi, Z Asadollahi. The effect of psychoeducational group counseling on postnatall sexual intimacy of lactating women referring to urban health centers in Rafsanjan City: An educational trial. Journal of Rafsanjan University of Medical Sciences. 2020. 18 (10), 969-984
- FN Rashidi, Z Ghorashi, S Esmailzadeh. How Do Some Iranian Grooms React if There is not Any Sign of Blood Stained Bed Sheets?. Sexuality & Culture. 2020. 24 (6), 2056-2064
- E Mohyadin, Z Ghorashi, Z Molamomanaei. The effect of practicing yoga during pregnancy on labor stages length, anxiety and pain: a randomized controlled trial. Journal of Complementary and Integrative Medicine. 2021. 18 (2), 413-417
- M Seyedi, Z Ghorashi, T Sedighi Darijani. Randomized controlled trial of oral bicarbonate treatment for labor stagnation. Journal of Obstetrics and Gynaecology Research. 2021. 47 (1), 114-118

- M Askari, Z Ghorashi, RR Chesli, R Vazirinejad. Sexual satisfaction and marital intimacy in Iranian male pornography users. *Sexual and Relationship Therapy*, 2021. 1-11
- Saberi H, Ghorashi Z, Loripoor M. Comparison of pregnancy outcome during pandemic of COVID-19 and non-pandemic situations, Yazd, Iran, in 2019–2020. *Journal of Obstetrics and Gynaecology*. 2022 May 22:1-7.
- Saberi H, Ghorashi Z, Loripoor M. Comparison of pregnancy outcome during pandemic of COVID-19 and non-pandemic situations, Yazd, Iran, in 2019–2020. *Journal of Obstetrics and Gynaecology*. 2022 May 22:1-7.
- Ghorashi Z, Poor MH, Molamomanaei Z. The effects of yoga-based breathing techniques and meditation on outpatients' symptoms of COVID-19 and anxiety scores. *Journal of Nursing and Midwifery Sciences*. 2022 Jul 1;9(3):173.

Presentations:

- Zohreh, ghorashi(2003).extramarital affairs. Paper presented at the first family and sexual disorder Conference at the shahed University. IRAN.
- Zohreh, ghorashi(2004). The comparison risks of normal vaginal delivery and cesarean section in women with a positive history of cesarean section. Paper presented at the national Conference of women health promotion at the Mashhad University of medical sciences. Mashhad. IRAN.
- Zohreh, ghorashi(2005).viewpoint of women: pay attention to spouse sexual needs. oral presentation at the second family and sexual disorder Conference at the shahed University. IRAN.
- Zohreh, ghorashi(2005). Affective relation to patients. Paper presented at the fourth national nursing midwifery Conference at the Iran University. IRAN.
- Zohreh, ghorashi(2007).meat consuming rules in holly prophet learning. Paper presented at the health in holly prophet learning first Conference at rafsanjan University of medical sciences. Rafsanjan. IRAN.
- Zohreh, ghorashi(2008).body health: main evidence for marital Eddeh. . oral presentation at the health in holly prophet learning second Conference at rafsanjan University of medical sciences. Rafsanjan. IRAN.

- Zohreh, ghorashi(2003). Failure and side effects of contraceptive pills used for postponement of menstrual bleeding in Hajj pilgrims of Kerman. Oral presentation at the 5th international congress on obstetrics & gynecology at the Tehran University of medical sciences. Tehran IRAN.
- Zohreh, ghorashi(2007). The Clinical Trial on Oral Fluid Intake Effects an Hour before Cesarean on Regurgitation Incidence. Oral presentation at the 7th international congress on obstetrics & gynecology at the Tehran University of medical sciences. Tehran. IRAN.
- Zohreh, ghorashi(2011). Interventions following menstrual postponement in university students. Paper presented at the 9th international congress on obstetrics & gynecology at the Tehran University of medical sciences. Tehran. IRAN.
- Zohreh, ghorashi(2006). The necessity of vein catheter use during normal labor. Oral presentation at the research approaches in midwifery Conference at the Jundishapur University. Ahvaz IRAN.
- Zohreh, ghorashi(2007). Preoperative fasting policies. Paper presented at news in nursing and midwifery Conference at the University of Medical Sciences of Lorestan. Khorramabad. IRAN.
- Zohreh, ghorashi(2015). Exploring the roots of not being responsive toward male sexual request in married reproductive age women. Oral presentation at the 12th international congress on obstetrics & gynecology at the Tehran University of medical sciences. Tehran. IRAN.
- Zohreh, ghorashi(2016). The role of pregnant women reverence on promotion of midwifery profession. Oral presentation at the 15th international congress on obstetrics & gynecology at the Tehran University of medical sciences. Tehran. IRAN.
- Zohreh, ghorashi(2005). Failure and side effects of contraceptive pills used for postponement of menstrual bleeding in Hajj pilgrims of Kerman. Oral presentation at 48th all India congress of obstetrics & gynecology. Aurangabad. India.
- Zohreh, ghorashi(2006). The comparison risks of normal vaginal delivery and cesarean section in women with a positive history of cesarean section. Paper presented at 18th FIGO world congress of gynecology & obstetrics . Kuala Lumpur. Malaysia.
- Zohreh, ghorashi(2007). The survey on effect of drinking clear fluid an hour before cesarean section on regurgitation incidence. Oral presentation at 20th Asian and oceanic congress of obstetrics & gynecology. Tokyo. Japan.

- Zohreh, ghorashi(2016). The religious teaching and women's sexuality construction. Oral presentation at 13th congress of the European Federation of Sexology (EFS). Dubrovnik. Croatia.

Thesis supervisory:

Study on association premarital attitude toward entirety of hymen and post marital practice in marrying men in kerman in 2017: A Cross sectional study. Fatemeh niki rashidy. Master thesis in midwifery education. Rafsanjan University of medical sciences. 2017

Investigate the effect of psycho educational counseling in the postpartum period on couple's sexual intimacy who will refer to health centers in Rafsanjan in 2017. Zahra akbari. Master thesis in midwifery counselling. Kerman University of medical sciences. 2017

Evaluation of analgesic efficacy and maternal_fetal complication of Acetaminophen versus Pethidine during the first stage of labour in primigravid women in Rafsanjan city in 2018. Masoumeh khammar. Master thesis in midwifery education. Rafsanjan University of medical sciences. 2017

Comparative study of bicarbonate oral intake and infusion of oxytocin versus infusion of women active phase dystocia in primiparous the labor resolving oxytocin alone on Referring to the maternity wards covered by Jiroft University of Medical Sciences in 2018-19. Mitra Seyedi. . Master thesis in midwifery education. Rafsanjan university of medical sciences.. 2018

Investigating The Effect of yoga in pregnancy on some delivery outcome in Primiparous women Referring to Rafsanjan niknafs Maternity. Elaheh Mohyaddin. Master thesis in midwifery education. Rafsanjan University of medical sciences. 2018

The relationship between sexual desire and marital satisfaction with using pornography in mothers of Rafsanjan, city 2020. Shokoofeh Roshan. Master thesis in midwifery education. Rafsanjan University of medical sciences.2020

Comparison of sexual satisfaction and marital intimacy in fathers with children with and without a history of using pornography in Rafsanjan, 2020. Mohadeseh Askari. . Master thesis in midwifery education. Rafsanjan University of medical sciences.2020

Investigating the effect of Involving husband in prenatal care on rate of couples' intimacy and the prevalence of postpartum blues in women referring to selected comprehensive health centers in Rafsanjan in 2021. Maryam Dehshiri. Master thesis in midwifery education. Rafsanjan University of medical sciences.2021

Comparison of pregnancy outcomes during covid-19 pandemic and prepandemic in pregnant women referred to Yazd Comprehensive Health Services Centers in 2019-2020. Hengameh Saberi. . Master thesis in midwifery education. Rafsanjan University of medical sciences.2021

The effect of cervical Hyoscine on the length of the first and second stages of labor of nulliparous women referred to Niknafs maternity hospital in Rafsanjan in 2021: A clinical trial. Fatemeh amirpoorsaid. Master thesis in midwifery education. Rafsanjan University of medical sciences.2020

Investigation the effect of oral rose-water on bishap score and spontaneous labour in primiparous women refer to zarand maternity hospitals in 2021. Farzaneh Nakhai. Master thesis in midwifery education. Rafsanjan University of medical sciences.2021

Computer Skills:

- Familiar with Microsoft office
- SPSS
- endnote

Interests:

I am now very interested in the areas of:

Women sexuality disorders

Clinical sexology

Other activities:

I spend my free time reading Iranian literature and psychology books, doing yoga, swimming and walking.